

*School of Nursing*

*College of Health Professions  
NDSU Dept. 2670  
136 Sudro Hall, P.O. Box 6050  
Fargo, ND 58108-6050*

*Essence of Healing: The Journey of American Indian Nurses e-Campus Course*

**High School Parental Consent**

Greetings,

Over the next few weeks, students in grades 9-12 will be taking part in an on-line, interactive course called *Essence of Healing: The Journey of American Indian Nurses e-Campus Course*. The course is based on the profession of nursing, pathways into nursing, and features stories of American Indian nurses in North Dakota and their experiences in school and work. The course is divided into eight parts, and each part takes about 20-30 minutes to finish. Students will work on the course as part of regular classroom time.

While the online course uses nursing careers as an example, the information will be useful to all students as they prepare for life after high school. Students will be asked for their thoughts about the course, plus they will answer 5 true/false questions at the beginning and end of each module. Students' input will help evaluate the program. No data is being collected that identifies individual students.

Both male and female nurses are featured in the program. The nurses who share their stories are from these American Indian Nations:

- MHA Nation: Mandan, Hidatsa and Arikara (Sahnish) - Three Affiliated Tribes
- Turtle Mountain Band of Chippewa
- Standing Rock Oyate Reservation
- MniWakan Oyate - Spirit Lake Dakota Nation

Topics that will be covered are:

1. Inspiration - Why I Am A Nurse
2. Healthy Communities & Why Nurses Are Needed
3. About Me
4. Exploring Careers in Nursing & More
5. Getting Ready; Making Choices
6. Taking Charge, Setting Goals
7. Making a Difference
8. Your Journey Onward

We will be using this online program during classroom time for about 30 minutes/day over the next two weeks. There are no known risks or discomforts that may result from your teenager taking part in this learning. Each day's lesson will include these things:

- **Pre-test:** Measures what students know about a topic before they do the day's lesson
- **Introduction:** Brief description of the day's topic and what students can expect to learn.
- **Forums:** A place for students to offer their thoughts about a topic. Forum answers can be shared among all students participating in the course.
- **Activities:** Designed to be interactive, interesting and informative for students.
- **Journal Entries:** A place for students to offer personal thoughts about a topic.
- **Post-test:** Same as the pre-test. Measures how students' answers changed as a result of the learning they did.
- **Explore More:** Designed for students who want more in-depth information about the topic covered in each module.
- **Teachers' Resources:** Additional sources of information to help teachers in classroom instruction.

The program was developed by the NDSU School of Nursing, Fargo, ND and KAT Communications, Bismarck, ND. No compensation is being given for student participation. This course is part of regular classroom work.

If you have any questions about this course or your teenager's part in evaluating it, please contact Loretta Heuer at [loretta.heuer@ndsu.edu](mailto:loretta.heuer@ndsu.edu) or 701-231-8205.

This program is a positive picture of nursing as a career choice and American Indian nursing accomplishment in our state, a perspective that can be appreciated by all. We are pleased to be able to offer it to all high school students. If for any reason you do not want your teenager to take part in this course, please sign and return the statement below to your teenager's teacher. No action is required if you approve of your teenager's participation.

Sincerely,



Loretta Heuer, PhD, RN, FAAN  
Professor  
North Dakota State University  
School of Nursing

If you do not want your teenager to participate in the e-campus learning experience, please sign and return this to your teenager's teacher.

(You do not need to sign or return this form if you approve of your teenager's participation.)

Date \_\_\_\_\_

I DO NOT wish my teenager \_\_\_\_\_ to participate in the online course.

(teenager's name)

Parent/Guardian signature \_\_\_\_\_